

ENGAGE!

DUPAGE COUNTY INSTITUTE DAY

Sue Keeble (skeeble@ms.k12.il.us)

Mahomet-Seymour Schools

Feb. 2020



Hands Like This

A Variant of this game can be found in Mona Lowe's book:
Singing Games from Ghana

Call and Response

Singing Game from Ghana as taught by Danaï Gagne

T. Hands like this S. clap T. Hands like this S. clap

T. One two three S. "four" T. One two three S. "four"

T. Make a mo-tion with your Change the mo-tion with your

Move it a-round the room. (drum)

Used with permission by Lissa Ray, who learned it from Danaï Gagne.

This game is a favorite of all ages. It is an excellent warm up game. The idea is to get students moving selected parts of their bodies to the beat and have them STOP moving when the teacher returns to "Hands like this".

CHECK BOOGIE

One, two three four five _____ ain't got no jive!

6, 7, 8, 9, 10, back it up, let's do it again!

"Hey _____" Hey what?

"Hey _____" Hey what?

Introduce yourself No way!

Introduce yourself Ok, my name is _____

Check. And I like _____

Check. And I can groove!

Prooove you can!

Check, check, check boogie. Check, check, check boogie. (Repeat)

Traditional Jump Rope Rhyme
Shared with me by student teacher Brittany Freeman
Original source: Lesléaillon 11/12

BUMP UP TOMATO: <https://youtu.be/sxnPSYRS5FM>

PASS THE BEAT AROUND THE ROOM: <https://youtu.be/ZbTpU4Qcmh4>

THIS TRAIN: Sit in circle, cross-legged, palms up on knees. Place right palm on top of neighbors left palm. A leader begins by slapping the hand of the person on his left and the beat is passed around the room. "This train is bound for glory, this train. This train is bound for glory, this train. This train is bound for glory, if you ride it you must be holy. This train is bound for glory, this train"
Spoken: Lookin' down the track what number do I see? _____ (between 1 and 15) is the number lookin' at me...

The person who is slapped on the number is out. If they pull out, the slapper is out.

The game ends if someone "derails" the train during the number part by pulling hand too early



And now it's time to celebrate,
Let's put dessert upon our plate
Ate 1 and **2** and **3** and **4** and **5** and now I don't feel great.

And now it's time to celebrate,
Let's put dessert upon our plate
Ate 1 and **2** and **3** and **4** and **5** and now Im **sick**.

SOURCE: Rhythmische Übung Pg. 13 #52 by Gunild Keetman Words written by Sue Keeble

PREP: Listen (all claps). What syllables do I clap on? (All of them!)
Echo each line Add a pat to bold words (left hand stays up, right hand does all the work)
Add a stomp to bold words. Clap the rest

PLAY: T plays whole piece on drum (hitting bass on bold words) S only stomp on the bold
Repeat: students travel forward on the stomp. Freeze and clap the other words

PERFORM: Demonstrate hand drum technique (down with thumb on bold, swipe up other words) Practice on instruments. T plays a steady quarter note on a big low drum. Add the move forward
Create a battle! A: Group one (retreat back on the second stanza)
A1: Group two (retreat back on the second stanza)
A2: Both groups go through each other

HANU *KKAH. JEWISH HOLIDAY.

THIS FESTIVAL OF LIGHTS

GOES FOR EIGHT DAYS AND NIGHTS

HANUKKAH. JEWISH HOLIDAY.

*canon

SOURCE: Music for Children Vol. 1 p.74 #7

PREP: Echo phrases. Point out the accents ("this" "goes")
S: clap+speak T: clap+speak the canon
S: clap+speak T: canon w/drum
S: clap+speak 2 part canon, 3 part, 4 part



PATSY ORY ORY AYE

FOLK SONG

EIGHTEEN HUNDRED AND THIRTY-ONE. THAT'S THE YEAR WHEN I BEGUN.

THAT'S THE YEAR WHEN I BEGUN, A WORKIN' ON THE RAILROAD

EIGHTEEN HUNDRED AND THIRTY-TWO. LOOKIN' AROUND FOR SOMETHIN' TO DO

LOOKIN' AROUND FOR SOMETHIN' TO DO. A WORKIN' ON THE RAILROAD

EIGHTEEN HUNDRED AND THIRTY-THREE, SECTION BOSS A DRIVIN' ME

SECTION BOSS A DRIVIN' ME. A WORKIN' ON THE RAILROAD.

EIGHTEEN HUNDRED AND THIRTY-FOUR. HANDS AND FEET WERE GETTIN' SORE

HANDS AND FEET WERE GETTIN' SORE. A WORKIN' ON THE RAILROAD

EIGHTEEN HUNDRED AND THIRTY-FIVE. FELT MORE DEAD THAN ALIVE.

FELT MORE DEAD THAN ALIVE. A WORKIN' ON THE RAILROAD.

EIGHTEEN HUNDRED AND THIRTY-SIX. KICKED A COUPLE OF DYNAMITE STICKS

KICKED A COUPLE OF DYNAMITE STICKS A WORKIN' ON THE RAILROAD

EIGHTEEN HUNDRED AND THIRTY-SEVEN. FOUND MYSELF ON THE WAY TO HEAVEN

FOUND MYSELF ON THE WAY TO HEAVEN. A WORKIN' ON THE RAILROAD. POUND

WE COULD SING THIS ALL DAY LONG. BUT NOW IT'S TIME TO END OUR SONG

NOW IT'S TIME TO END OUR SONG. A WORKIN' ON THE RAILROAD.

PUNCH UP ON THE WORD "THAT'S"

POUND ON "WORKIN' ON THE RAILROAD"

HAND OVER EYES

POUND "WORKIN ON THE..."

PRETEND TO DRIVE

POUND ON "WORKIN' ON THE..."

WIPE HANDS TOGETHER

POUND ON "WORKIN' ON THE..."

CHOP ACROSS NECK ON DEAD/RAINBOW WAVE ON "ALIVE"

POUND ON "WORKIN ON THE..."

KICK ON THE WORK KICK

POUND

FLAP WINGS

DRUMS (played with sticks)

HIGH:	CANADA DRY	CANADA DRY	A & W	SE - VEN UP!
	CANADA DRY	CANADA DRY	A & W	POP!

MED:	ONE SO DA	TWO SODA	THREE SODA	GIMME SOME POP!
------	-----------	----------	------------	-----------------

LOW:	I	WANT	SO - DA	POP!
------	---	------	---------	------

SOURCE: More New Ensembles and Songs by Will Schmid



WAVES OF TORY

Formation: two lines. 5-6 couples

1. Forward 4, back 4, switch lines 8, REPEAT
2. Top couple sashay down 8, sashay up 8
3. Cast off, top couple make bridge at bottom, everyone go under. Top couple is now the BOTTOM couple
4. Everyone turns to face the bottom of the set. BOTTOM couple faces up
5. Dip and Dive
 - a. Bottom couple starts the DIP
 - b. Turn around at the bottom. Wait to be directed by the couples coming toward you
 - c. Turn around at the top. Wait to be directed by the couples coming toward you
 - d. Stop where you started.

SOURCE: Chimes of Dunkirk by New England Dancing Masters #5 Willow Tree

Or any reel with 5 sections of 16 beats. I like this one because the music changes right at the "dip and dive".

YESH LANU TAYISH

Formation: Two lines facing each other. 5-6 couples

1. Face partner. Patch "yesh, yesh, yesh yesh yesh" Jump back!
2. Top couple sashays down for 8 and up for 8
3. Top couple immediately casts off. Make a bridge everyone go under. Start over!!

SOURCE: Favorite Folk Dances for Kids and Teachers by Sanna Longden DVD #1

SASHAY THE DONUT formation: double circle

1. Do si do 8
2. Right hand turn 8. Left hand turn 8. Both hand turn 8
3. Top couple sashay through the middle of the donut.
Stop and make a bridge w/partner when you get home.
4. Second couple follows, then third.....

SOURCE: Sashay the Donut by The New England Dance Masters

SASHA! Scattered around room with partner

1. Wag your fingers and say "Sasha, Sasha ras, dva, tri!" (rahs, va, tree) 8
2. Clap w/partner: RRR, LLL, BBB, Knee Knee Knee 2X
3. R elbow turn "hey" L elbow turn "hey"
4. Walk around. Find a partner on the repeat

SOURCE: Sashay the Donut by New England Dance Masters

LOS MACHETES: formation two lines

<https://youtu.be/3VjdKI+HMjE>

SOURCE: Our Favorite Shenanagins CD from Lynn Kleiner's Music Rhapsody. GREAT RESOURCE

INFORMATION:

<http://www.sallysseaofsongs.com/2015/05/los-machetes-folk-dance-fun.html>